## PRESS RELEASE

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Thyroid Awareness Week/Thyroid UK 2014 Conference
National Motorcycle Museum Conference Centre, Solihull, West Midlands
18th October 2014

The Thyroid UK conference kicks off Thyroid Awareness Week and is being held at the National Motorcycle Museum Conference Centre in Solihull giving people an opportunity to learn about thyroid disease and related conditions as well as meet up with other people who want to learn about these topics. The keynote speaker is **Dr Chris Steele MBE**, resident doctor on the This Morning programme who regularly talks about thyroid disease.

Other speakers at the conference include Dr Malcolm Kendrick, author of "The Great Cholesterol Con" who believes that many people have been left permanently disabled from taking statins and Dr John Midgley, co-author of recent papers showing that patients actually have an individual TSH range and that using a population based reference range to diagnose thyroid disease is causing misdiagnosis. Tickets are £48.00 and include refreshments, a hot fork buffet and a canapé reception after the conference as well as free entry to the National Motorcycle Museum on the day. BSL interpreters will be at the conference for the talks and for delegates who need them.

To see the venue go to: <a href="http://www.nationalmotorcyclemuseum.co.uk/">http://www.nationalmotorcyclemuseum.co.uk/</a>

## **About Thyroid UK**

Thyroid UK is a charitable company that provides information and resources to promote **effective** diagnosis and **appropriate** treatment for people with both diagnosed and undiagnosed thyroid disorders in the UK. They also conduct surveys on relevant topics in order to inform certain interested parties of up to date patient opinion.

For further information contact Lyn Mynott, Chief Executive, Thyroid UK on 01255 820407 or email: <a href="mailto:lyn.mynott@thyroiduk.org">lyn.mynott@thyroiduk.org</a>

or go to: http://www.thyroiduk.org.uk/tuk/conference 2014/conference.html

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"Providing information and resources to promote **effective** diagnosis and **appropriate** treatment for people with thyroid disorders in the UK"

## Note to the Editor:

Thyroid Awareness Week was instigated by Thyroid UK in 2006 and this year starts on 18<sup>th</sup> October.

Hypothyroidism affects 2% of women causing symptoms such as fatigue, weight gain, hair loss and depression.

Diagnosis often relies on the TSH test only and therefore many people are not diagnosied when they should be. Standard treatment of levothyroxine does not suit all patients and many feel much better with the addition of T3 (liothyronine).

Thyroid UK is currently running a Government e-petition entitled "Fund research into T3 and/or natural desiccated thyroid treatment for hypothyroidism" and has so far received **5,590** signatures.

This petition gives an idea of how many patients are not happy on the standard levothyroxine treatment.

To sign the petition go to <a href="http://epetitions.direct.gov.uk/petitions/64191">http://epetitions.direct.gov.uk/petitions/64191</a>