Dr Bob Lawrence passed away on 20th August 2020

Dr Bob was one of the first doctors in the UK to prescribe LDN, he had time for everyone and anyone who contacted him!

Joy Miggins, Dr Bob’s right-hand woman wrote a poem in his memory.

You were a complex man
But you helped so many people
Have a life they never dreamed of
Hope when it was hopeless
You were undeterred by criticism
Fought for your principles
First, do no harm, you never forgot

You were also my friend
We were a great team
I learnt so much from you
Was a privilege to learn
I kept you grounded
I know that for sure
You learnt from me too
I shall miss you Dr Bob xx

Linda Elsegood "I owe my health and life to Dr Bob without him I wouldn't have had LDN prescribed for me back in 2003 nor would I have founded the LDN Research Trust in 2004, which has helped 100,000+ people around the world.

He was unique in many ways and will be missed by thousands!"
The Latest LDN Q&A's answered by our Medical Advisors and Medical Members

To submit your questions click Contact Us

Can LDN affect the menstrual cycle?

What conditions can LDN help with?

Can LDN help with Mast Cell Activation Syndrome (MCAS)?

Can taking LDN increase cancer?

Does LDN help with 'generalised atrophy of the brain?'

Join our FREE

LDN, Nutrition and Lifestyle Community

with

Nutritionist and Researcher Jill Brook

You're invited!

Come see our new LDN, Nutrition and Lifestyle section on our website.

Our Research Advisor, Jill Brook, will be sharing research findings on how to feel better, eat better, and how to make lifestyle change easier.

Please send your question, recipes or idea's you would like to have included to jill@dietforhealth.com. Jill will respond to you!