LDN and CBD Testimonials



"Organic CBD with LDN together give patients with chronic pain, anxiety, and sleep issues a double dose of anti-inflammatory help. In all my years as an M.D. and Integrative Medicine physician at Hauser Health, I believe there is no Magic Pill. But I think these 2 are a pretty amazing combination."



Tom Schnorr, RPh, CCN

"I have been personally using LDN at 3mg for the last 9 years for my allergies to the mold here in Austin TX. I keep them in check with one 3 mg cap at bedtime and rarely ever need to add an antihistamine and when I do I choose a nutritional supplement variety. Usually D-Hist from Orthomolecular. About 2 yrs ago I added in CBD at 25mg to 50mg twice a day and by combining the two (LND and CBD) I have



Steve Hoffart, ParmD

"The synergistic effect of using both LDN and CBD products in our patients to reduce inflammation and improve overall sense of wellbeing has brought tremendous benefits in symptom relief and quality of life".



David J Zeiger, DO

"Low dose naltrexone and CBD are effective complimentary therapies I have successfully used in my Integrative Medical practice to help treat autoimmune disease ie Hashimoto's thyroiditis, rheumatoid arthritis, CFIDS, fibromyalgia, SIBO".



Ginevra Liptan, MD

"For fibromyalgia, I have found the combination of CBD and LDN to be more effective for pain reduction than either treatment alone. CBD also eases the anxiety that can occur as a side effect of LDN".



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Steve Zielinski, PharmD



"For many of my patients, LDN has been extremely helpful in their recovery. For some, the addition of CBD to the LDN has led to further significant improvement".

F. Ramzi Asfour, MD



"I have had LDN and CBD compounded into a vaginal preparation. People loved it! It was excellent for vaginal discomfort and dryness.

I have used LDN and CBD simultaneously, but in separate preparations, for anxiety. It is extremely effective. Also, CBD seems to help the insomnia side effect that people often observe with LDN.

Steve Hoffart, ParmD