How to be sure the product is safe

Safety can be assured as our products are approved for sale by the MHRA and are compliant with all the UK regulations.

We ensure all our products are of the highest quality by taking control every step of the supply chain process.

From the planting of the seeds, through the complete growing process, to our propriety extraction methods and laboratory testing, to our product manufacturing and worldwide distribution. All the way to the shelves of the pharmacy.



More information about the research programmes www.canidol.com

For health advice and general CBD Information www.canidol.com

To find a UK Cannabis Clinic www.ukcannabisclinic.com



A guide to using CBD products

How to be sure the product is what it says on the label

If you receive an oil that is not sealed with a plastic safety seal or an unlocked top, you should contact the seller and request an exchange.

A number of hemp-based products on the market are manufactured in small facilities and are susceptible to human error, they have no test data and do not meet regulations.

The products should be tested to ensure the extracts are exactly what they should contain.

All our products have complete traceability for each batch.



Caring for your health

If you are nervous about trying CBD Oils for the first time because you have an existing medical condition and take other medications, it's good to do some research.

The wide uses of this nutritional supplement CBD oil can make it a bit confusing. How should you take it? What is the best product? And what dose should you take? Much of this depends on why you are taking it, if you are taking other medications and it always depends on the individual.

Canidol Pharmaceutics takes CBD very seriously, the company was created by specialists in medicine, veterinary medicine and pharmaceuticals.

Canidol offers a range of products for direct sale through specialist centres. It also gives you the opportunity to talk to a trained professional. If you are taking other medications or have health concerns, then it is possible to book an appointment at a UK Cannabis Clinic for an assessment and then a product will be prescribed for you. You will be monitored, and the dose managed for you.

For more detailed information about joining the research and studies for cannabis products with health conditions visit www.canidol.com

Are there any side effects?

CBD is a safe natural substance to use, however, if you are taking other medications, consult with a medical specialist about the possible interactions. Anyone consuming a large amount of CBD should monitor their blood sugar and if required, adjust their dosage. Up to date, there has been no reported casualty due to a CBD overdose. No impact has been observed on the nervous system, on the mood of an individual or on their vital signs of an individual who has been using CBD Oil for a period of time.

Can children take it?

It has been reported that toddlers in large numbers are being given CBD Oil to treat the same ailments as teenagers and adults, however there is limited data and supporting evidence.

How long does it take to affect your body?

The results are often subtle and manifest over time. Chemically, it takes around 10 days. Cannabinoids are a group of chemicals that gradually balance and normalise the body.

This means that it is likely that you will find an increasing improvement as you are using the product.

Can I give it to my pets?

We are aware of numerous pets who are taking CBD daily without facing any side effects. However, this is a nutritional supplement and there is less data on its uses for pets than on humans. The interactions and dosages are less well defined in this area and we are continuing to research this. We have a product called Canidol- V which is available from specialist vets registered with UK Cannabis Clinic and they are able to give more specific advice.

Will you get addicted to CBD Oil?

In cannabis, THC is the psychoactive compound that gives you the feeling of being "high". THC, in CBD Oil is so negligible that no-one has ever reported feeling high after consuming it. Since, there is no psychoactive compound present in CBD Oil, the possibility of getting addicted is removed.

How should you take the drops?

If you are using the drops, you should take them by dropping the required number of drops under your tongue for approximately 90 seconds before swallowing. If you wish to take your drops with a drink this will reduce the effectiveness and you may need to increase the dose.

How to take CBD

If you have read about CBD Oil in any detail, you will be aware of the fact that it is available in different forms. You can take it as oil, gel capsules, powder capsule or inhale it using a vape. Because we are all different, the reaction and the results will be different. We have observed that most people start with the oil drops as the dose is easy to control. The taste is varied, and the product is simple to understand. The oil should be dropped under the tongue for absorption rather than swallowed and this can worry some people. However, taken this way it ensures it is effective.

What type and quantity should I take?

The dosage and strength of CBD oil varies widely, and this can be confusing, in general our advice is start low and build up the dose or strength of the product. If you need help or advice seek information from a UK Cannabis Clinic where you can see a professional for advice.

If you are looking for information relating to specific conditions, we have collated evidence-based information on our research page on our website www.canidol.com

How to store CBD Oils

Cannabinoids are natural products and breakdown and degenerate naturally over time. Storage plays a very important factor in the longevity of CBD Oil. The shelf life of these products is approximately 2 years. Oils should be stored away from direct sunlight at an ambient temperature.





HOW DO YOU CALCULATE THE DOSE YOU NEED?

Calculating a dose is really simple

CONDITION	STARTING DOSE	MAXIMUM DOSE
Anxiety & Depression	0.2mg/kg	3mg/kg
Pain, Inflammatory	0.1mg/kg	1mg/kg
Pain, Noninflammatory	0.1mg/kg	1mg/kg
Acute Pain	N/A	N/A
Inflammation (ICD etc.) Consider oral capsules	0.5mg/kg	2mg/kg
Auto-Immune	0.2mg/kg	1.5mg/kg
Dermatological	Canidol Derma - Gel daily	Canidol Derma - Gel daily
Parkinsons	0.2mg/kg	3mg/kg
Chronic Fatigue, Myelagic Encephalitis, Fibromyalgia	0.5mg/kg	2mg/kg
Chronic Headache, Headache and Migraine	0.1mg/kg	2mg/kg
Multiple Sclerosis (MS)	0.1mg/kg	3mg/kg
Sleep	0.2mg/kg	3mg/kg

Weight in kg X Starting dose = How much to start on!

(Increase by no more than starting dose in increments.)

Canidol 25mg/ml = 1.25mg per drop Canidol 50mg/ml = 2.5mg per drop Canidol 100mg/ml = 5mg per drop

