

LDN Research Trust is going to Publish 2 Books of Clinical Case Studies

The First two will be on:

- **Chronic Pain (any condition)**
- **Mental Health**

An LDN Prescriber, pharmacist, or a collaboration of the two can write the case study. We aim to include as many as possible.

WHAT IS A CLINICAL CASE STUDY

A case study is a detailed report of an individual patient's symptoms, signs, diagnosis, treatment, and follow-up. It is designed to give insight into unusual or novel occurrences using LDN as a treatment option.

The case studies will assist medical professionals in further helping patients with difficult-to-treat conditions.

HOW TO WRITE A CASE STUDY, so they all follow the same format

Use the headings below in a Word document.

• **Abstract**

The abstract should briefly summarise the case, the problem it addresses, and the message it conveys within 150 words.

• **Introduction**

The introduction gives a brief overview of the problem that the case addresses, citing relevant literature where necessary and ending with a single sentence describing the patient and the primary condition they are suffering from.

• **Case Study - Anonymous**

This section provides the details of the case in the following order:

1. Patient description
2. Case history
3. Physical or Psychiatric examination results
4. Results of pathological tests and other investigations
5. Treatment plan
6. Expected outcome of the treatment plan
7. Actual outcome.

Upon completion, make sure all relevant details are added concisely and all unnecessary ones removed

• **Conclusion**

Give brief key points covered in the case report. You can give suggestions and recommendations to medical professionals.

Short Author Bios of up to 200 words will be added at the back of the book.