



June Updates

Thank you to everyone who.....

.....has made a donation or set up a monthly payment. Everyone is a volunteer and all donations however small are greatly appreciated.

Could you afford £1, \$1 or 1Euro a month? To enable us to continue our work, we receive no funding from anyone.

For donations details visit: <http://tinyurl.com/yfsog9m>

.....shared their story for the 2nd International LDN Awareness Week eBook. Cris Kerr is now completed this and it will be available online soon.

.....who has registered for the LDN Aware Birmingham Conference Saturday 23rd October 2010.

There are only 31 places left, if you are interested in joining us and would like full details visit: <http://tinyurl.com/377378h>

We look forward to meeting you there!

Please can we ask for YOUR help?

2nd International LDN Awareness Week

18th - 24th October 2010

We seeking people who

.....are willing to speak to the media and share their story regardless of what condition LDN is taken for and regardless of the Country you live in.

...would like to get involved and hold an event or fundraise during the Awareness Week. This could be anything from holding a coffee morning, selling goods on eBay to a sponsored event, it doesn't matter in which Country you live.

You can have a free fundraise page, we would help and support you all the way.

<http://www.mycharitypage.com/LDNResearchTrust>

Please email us contact@ldnresearchtrust.org
we look forward to hearing from you.

Sally's Fundraising News

Well this has certainly been a busy month, seeing the launch of our new LDN Shop goodies. Everything from our really popular Hypnosis CD's (Relaxation & MS Specific) our new LDN Research Trust Charity 'Wristbands' & Pins to our very own LDN Mascots: The LDN Lambys.



We would greatly appreciate your support promoting these items.

All these Items can be found in our website shop:

<http://www.ldnresearchtrust.org/ldn-research/161-shop.asp>

Your chance to win a Mini for just £2!

We receive £1.90 for every ticket sold.



You can buy tickets online, through our charity page on the FSI website at

<http://www.thefsi.org/charityprofile/ldn-research-trust#>

Get in touch with us at:

If you'd like to find out more information or sell some tickets to your friends email us at

contact@ldnresearchtrust.org

or contact us by email

contact@ldnresearchtrust.org for offline tickets.

Good Luck we hope YOU are a winner.

Full details can be found on page 4

<http://www.ldnresearchtrustfiles.co.uk/docs/>

Our Mascot



Someone else who has been busy! Our Mascots: The LDN Lambys have now been spotted in almost all of the continents of the world. You can upload your photos now at <http://tinyurl.com/34593sx> so we can track where they are going on the map.



We are also running a 'World Cup Challenge', Lambys in all the countries taking part in the World Cup. You can join <http://tinyurl.com/37hogpo> and see our funny 'LDN Lamby World Cup Video' <http://tinyurl.com/33ws5mn>

The Lambs are really are selling fast so order yours now and join in the fun.....Baaaa!!!

**„And Finally
from me**

We would like to take this opportunity to introduce a lovely young lady, Katherine Griffin, who is, on July the 10th, going to jump from a plane at



1400ft, to raise money for the LDN Research Trust. On behalf of all of us here we want to say a big 'Thank You' for picking us, and please join is in wishing her all the best.

To sponsor Katherine <http://www.mycharitypage.com/katherinegriffin/>
to view her flyer <http://www.ldnresearchtrustfiles.co.uk/docs/Katherine.pdf>

Podcast News

with
John Darin-Brame

If you've been in touch with us with regards to doing an LDN podcast, Thank You!! Our phone lines have been really busy and we are arranging recordings as we speak...



If you are interested in taking part in future podcasts and sharing your story of life with LDN we would love to hear from you. Before you say yes, there are three things you need:

- A computer with a microphone
- Skype
- A great LDN story you want to share

If you're a little unsure what the Podcast is all about then click <http://ldnresearchtrust.podbean.com/> and have a listen to some of our previous podcasts, this could be you soon! As you can hear I'm not as scary as I look....

We use Skype to record the podcast, Skype is free and easy to download <http://www.skype.com/intl/en-gb/home> for more information,

I look forward to hearing from you, you can contact me, John, with any questions via email, LDNRT-podcast@live.co.uk

Happy Podcasting





LDN Research Trust

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Web Site: www.ldnresearchtrust.org

For information how to obtain
LDN in the UK or for
general LDN information call:

0844 41 45 295

Local rate number

Outside of the UK please email,
we have managed to help
people worldwide obtain LDN

Trustees: Linda Elsegood, Alex Parker, Neil Lucas &
Dr D. Shepherd

Medical Advisers:

Dr Bob Lawrence MRCS; LRCP

Dr Tom Gilhooly MBChB; MRCP

Stephen Dickson BSC(hons) MRPharmS

Fundraising Director - Sally Darin-Brame

Newsletter Editor - Linda Elsegood - Sub Editor - Sophie Marrion

Web Master - Lee Reynolds

Podcast Radio Presenter - John Darin_Brame

Forum: - Manager - Alan Browne Senior Moderator - Derek

Graphic Designer - Graham Parker

Survey Form - Mark Lane

Facebook Administrator - Laura Elsegood

The LDN Research Trust is a non-profit-making Registered Charity, and all helpers are volunteers.

We are no different from other charities, in that there are unfunded elements which do ultimately cost us money to maintain and operate.

To help us continue our work we would appreciate help with fund-raising, either in cash or in kind.
You can be sure that all contributions are greatly appreciated, however small.

How to make a Donation

To Make a Donation from anywhere in the world using MyCharitypage.com. This is our preferred method as there are no fees plus if you are a UK tax payer they claim the gift aid back for us!!

www.mycharitypage.com/LDNResearchTrust

**To Make a Donation Direct into our Bank Account
Or
To setup a regular monthly payment**

**Barclay's Bank PLC
Sort Code: 20-03-26
Bank Account No: 60515213**

Gift Aid

If you pay UK Income Tax - like tax on your pension if you are retired, or Capital Gains Tax, or tax on the interest from your savings - then every donation you make, or have made since 6th April 2000, could be worth almost a third more, without any cost to you.

If you want to help the LDN Research Trust to maximise the impact you make through your donations, all you have to do is complete a gift aid form.

<http://www.ldnresearchtrust.org/gift-aid-form.asp>

PayPal

PayPal Donation from anywhere in the world, although they charge us a fee to accept payments.....

<http://www.ldnresearchtrust.org/ldn-research/114-make-a-donation.asp> and then the PayPal Button