

The LDN 2021 Conference FRIDAY 4TH JUNE – SUNDAY 6TH 2021



This activity is jointly provided by Global Education Group and LDN Research Trust



FagronLab[™] Invomatic

Integrity matters, especially when the trust and health of your patients is at stake.

At Fagron, we believe in transparency. Our facility is FDA registered and NABP accredited. We source naltrexone from FDA registered manufacturers and perform testing on every received and repacked lot, including Full Monograph Testing for all API suppliers to guarantee continuous control of our product portfolio.



fagron.com f (0) (in)

Call to learn more! +1 (800) 423-6967

LDN 2021 VIRTUAL CONFERENCE

We are proud to offer CME credits for Medical Professionals, MD, ND, Pharmacist, NP, Nurse and Other. All presentation recordings are available to watch for 12 months.

Event Sponsors

Sincere thanks to our wonderful Sponsors, Exhibitors, advertisers and Supporters.





Silver Sponsor



Exhibitors

HARBOR

Silver Sponsor





Clark's

k usler's



Hopkinton Drug S





Supporters









THE LDN MASTERCLASS

Certified Course for LDN Prescribers and Pharmacists

Become a certified LDN Specialist



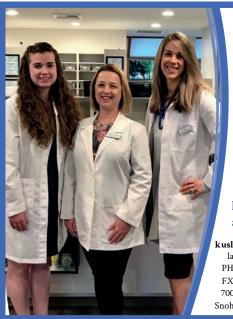
ww.ldnmasterclass.

LDN

THE LDN MASTERCLASS On passing the exam you will receive a Certificate for 2021 & 2022 Showing you are a certified LDN Specialist Prescriber or Pharmacist



Promoted as an LDN Specialist:



EXAMPLE 1 Subject to the second sec

We are the premier compounding pharmacy of the Pacific Northwest that is successfully meeting the health needs of patients and making a positive impact on our profession.

kuslerspharmacy.net lab@kuslers.com PH: (360) 568-1297 FX: (360) 243-3167 700 Ave D STE 102, Snohomish, WA 98290 clarkspharmacywa.com clarkspharmacywa@gmail.com PH: (425) 881-0222 FX: (425) 885-1213 15615 Bel-Red Rd STE B, Bellevue, WA 98008

www.facebook.com/groups/LDNRT/



Discover The LDNRT Marketplace

Our new markeplace for LDN knowledge and contacts

www.ldnresearchtrust.org/ldn-marketplace



https://vimeo.com/ldnresearchtrust



https://twitter.com/LDNRTrust





Hopkinton Drug Se wellness

52 Main St. Hopkinton, MA 01748 • phone:(508) 435-4441 • fax:(508) 435-5983

Our Specialties

- Dental
- Dermatology
- Detoxification
- Endrocrinology
- **Functional Medicine**
- Hormones
- Lyme Disease/Mold Illness
- **OB/GYN**
- Pain Management
- Pediatrics

- Podiatry
- Veterinary
- Vitamin Formulations
- Wound Care

*shipping available to most states

Featured Compounds

- LDN Our Price = \$42.80 up to 90 Capsules (0.25mg 7.5mg)
- Liposomal Disulfiram or Powder (25mg 500mg capsules)
- Liposomal Methylene Blue (50mg capsules)
- Liposomal Antibiotics (capsules) Ceftriaxone, Doxycycline, Rifampin, Azithromycin...and more
- Liposomal Cinnamon/Clove/Oregano (100 mg/25 mg/75 mg per capsule)
- Liposomal Curcumin/Quercetin/Resveratrol (80 mg/80 mg/80 mg per capsule)

"I highly recommend both volumes of *The LDN Book* as valuable resources for patients and clinicians alike to explore the best practices for using LDN." -Dr. Izabella Wentz, New York Times bestselling author

The The VOLUME ONE How a Little-Known Generic Drug VOLUME TWO - Low Dose Naltrexone -Could Revolutionize Treatment The Latest Research on How for Autoimmune Diseases, Cancer, LOW DOSE NALTREXONE -Autism, Depression, and More Could Revolutionize Treatment for PTSD, Pain, IBD, Lyme Disease, Dermatologic Conditions, and More

The most comprehensive examination with the latest research on how Low Dose Naltrexone can revolutionize treatment for a number of conditions!

TO US PHARMACIES 55% Discount & Free Shipping. Good for one order of 25 (minimum) books.* dkoerner@chelseagreen.coi PUBLISHING the politics and practice of sustainable living CONNECT & LEARN MORE f facebook.com/chelseagreenpub 🥣 @chelseagreen t (O) @chelseagreenbooks

SPECIAL OFFER

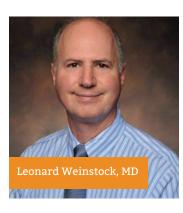
CHELSEAGREEN.COM

*special offer ends 12/31/21

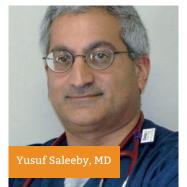
LDN 2021 LIVE FACULTY

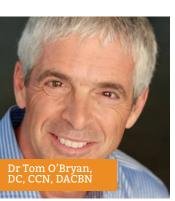














Stefanie Werner, NMD



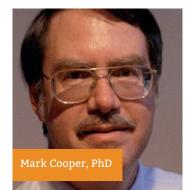


Professor Angus Dalgleish





Paul Anderson, NMD





Akbar Khan, MD



LDN CONFERENCE SCHEDULE

Friday June 4th

Eastern Daylight Time Zone (UTC-4)

8	Virtual Interactive Expo Opens - speak with exhibitors with your mic and webcam in real time from 8am - 8pm - Read More	
8.50	Welcome Address	Linda Elsegood
8.55	Introduction	John Bardsley, Pharm
9.00	History, Pharmacology and Mechanism	Stephen Dickson, BSC (hons) MRPharmS
9.30	The role of immune modulation in cancer	Professor Angus Dalgleish
10.30	Break - Virtual Interactive Expo - Read More	30 mins
11.00	Psoriasis	Pamela Smith, MD, MS
11.45	Pain	Samyadev Datta, MD
12.15	Lunch	60 mins
1.15	Early Biomarkers of a Brain on Fire	Tom O'Bryan, DC, CCN, DACBN
2.15	Erectile Dysfunction Therapies	Yusuf, Saleeby, MD
2.45	Break - Virtual Interactive Expo - Read More	30 mins
3.15	Hypothyroidism Variants	Elizabeth Livengood, NMD
3.45	Q&A - <u>Click here to join Q&A Session</u>	2 hours
5.45	Visit the exhibitors with the virtual interactive Expo -	Read More
8.00	Close	

Saturday June 5th

Eastern Daylight Time Zone (UTC-4)

8	Virtual Interactive Expo Opens - speak with exhibitors with your mic and webcam in real time from 8am - 8pm - <u>Read More</u>		
8.50	Welcome Back	John Bardsley, Pharm	
9.00	Nuts and Bolts of The Thyroid Gland: Therapeutic Targets	Sarah Zielsdorf, MD	
10.00	Case Reports of Cancer Therapies	Akbar Khan, MD	
10.30	Break - Virtual Interactive Expo - Read More	30 mins	
11.00	Mast Cell Activation Syndrome (MCAS)	Leonard Weinstock, MD	
11.30	Drug Resistant Depression	Elizabeth Livengood, NMD	
12.00	How to treat pathologic cell behaviors	Mark Cooper, PhD	
12.30	Lunch		
1.30	Atopic Dermatitis	Pamela Smith, MD, MS	
2.00	Mold toxicity	Leonard Weinstock, MD	
2.30	Restless Leg Syndrome	Dr Leonard Weinstock	
3.00	Break - Virtual Interactive Expo - Read More	30 mins	
3.30	Q8A - <u>Click here to join Q&A Session</u>	2 hours	
5.30	Visit the exhibitors with the virtual interactive Expo - Read More		
8.00	Close		

Sunday June 6th

Eastern Daylight Time Zone (UTC-4)

8	Virtual Interactive Expo Opend - speak with exhibitors with your mic and webcam in real time from 8am - 2.30pm - Read More		
8.50	Welcome Back	John Bardsley, Pharm	
9.00	Microbiome Medicine: Clinical Correlations From The Trenches	Sarah Zielsdorf, MD, MS	
10	Cancer: Treatment Options	Andrew McCall, MD	
10.30	Opiate Receptor Drugs – To Cycle or Not to Cycle Dosing?	Paul Anderson, NMD	
11.00	Break - Virtual Interactive Expo - Read More	30 mins	
11.30	Infection	Stefanie Werner, NMD	
12	SIBO	Leonard Weinstock, MD	
12.30	Q&A - <u>Click here to join Q&A Session</u>		
1.30	Round up	Linda Elsegood	
1.35	Visit the exhibitors with the virtual interactive Expo - Read More		
2.30	Close		

LOW & ULTRALOW DOSE NALTREXONE



EDITED

DING

http://icpfolsom.com/ldn

Ready For Novel Dose Naltrexon Protocals

LDN & ULDN as low as 1 microgram per dose Capsule, Lozenges (troche), Cream, Suspension & Sublingual Shipping available anywhere in California

CALL TODAY Rx (855) 950-1020 Fax (855) 946-1819

820 WALES DRIVE STE 3 | FOLSOM CA 95630 | www.icpfolsom.com

COMPOUNDING VETERINARY & HUMAN PHARMACEUTICALS FOR CALIFORNIA

Extra Conference Presentations

Lyme Disease	Darin Ingels, ND
Strategies for reducing excess body fat and its resulting inflammation for people who can't diet or exercise	Jill Brook, MA
Rheumatology - Update 2021	dyta Biernat-Kaluza, MD, PhD
UC	Pamela Smith, MD, MS
Crohn's	Pamela Smith, MD, MS
UC	Pamela Smith, MD, MS
Henoch-Schonlein Purpura	Sally Daughtrey, ND
Addressing the inflammatory impact of psoriasis	Apple Bodemer, MD
Cooling the fire of lichen planopilaris	Apple Bodemer, MD
Reclaim the Lives of Lupus Patients, A Unique Treatment Approach	Deanna Windham, DO
An Integrative Approach to Sarcoidosis and Mixed Connective Tissue Disease	Deanna Windham, DO
Eosinophilic Esophagitis Is More Treatable Than You Think	Deanna Windham, DO
Endogenous opioids modulate inflammation in the animal model of Multiple Sclero	osis Chirag Patel, MD
Multiple Sclerosis - The role of combination therapy of LDN and Testosterone to imp Muscular Weakness and Sex Drive, hence enhancing quality of life	prove Harpal Bains, MD
Delivery Systems	Yusuf Saleeby, MD
A Non-Invasive First Approach Toward Idiopathic Female Infertility	Sarah Zielsdorf, MD, MS
New approaches to managing fibromyalgia pain	Ginevra Liptan, MD
A Curious Case Study: When the only solution is Skull-Reconstruction	Elizabeath Livengood, NMD
Treating Children's Health in a Special Needs Pediatric Practice	Brian Udell, MD
PTSD and other mental health treatment with opioid antagonist: dosing and adjusting to a moving target.	Gayln Forester, MS, LPC
Cancer Case Studies	Akbar Khan, MD
Autoimmunity in Families	Sarah Zielsdorf, MD, MS
LDN in Clinical Practice	Dr Andrew McCall

LDN Interactive Virtual Expo

Visit out LDN Expert Exhibitors, where you can have all your Pharmacy Questions answered.

<u>Click here to join</u>

The Live Q&A Sessions via Zoom Webinar

Join us live via the zoom link and watch the LDN Presenters answer your questions, questions must be submitted to <u>questions@ldnresearchtrust.org</u>

<u>Click here to join</u>

Have you any LDN Questions?

Send you questions concisely and clearly throughout the day to <u>questions@ldnresearchtrust.org</u>

LDN 2021 **EXTRA PRESENTATIONS**

























Akbar Khan, MD









Experts in Low Dose Naltrexone

Working with the LDN Research Trust since 2006

CELEBRATING 15 years of supporting patients in receiving LDN in the UK and EU.

WWW.DICKSONCHEMIST.CO.UK TEL: +44 141 404 6545

ThistlePharma

- . Trusted UK regulatory partner
- Specialist supply chain services including LDN
- Controlled managed access programs
- Outsource bespoke manufacture of specials

Contact us

https://www.thistlepharma.com/

contactus@thistlepharma.com

TEL: +44 800 1699765



FEATURED LISTINGS:

AnazaoHealth



AnazaoHealth is a 503A and 503B Compounding

Pharmacy specializing in personalized medicine to include Age Management, Weight Management, IV Therapy Solutions, Sexual Wellness Solutions, Vitamin Injections, Hormone Replacement, Hair Care Solutions, Aesthetics, Pain Management, Neuro and more.

Email: emarketing@anazaohealth.com

Apple Bodemer



Dr. Bodemer practices Integrative Dermatology at the University of Wisconsin in Madison. She has written academic curriculum for the University of Arizona Center for Integrative Medicine, the VA Heath care system and teaches CME and

CE programs through LearnSkin.

Belmar Pharma Solutions



Belmar Pharma Solutions. Your for compounded medication, education, and consultation for integrative

therapies. Operating 503A and 503B pharmacies serving all 50 states, providing medications, including LDN, related to Immune Support, Hormone Therapy, Weight Management, Thyroid, Nutritional Support & more.

info@belmarpharmacy.com

Carefirst



Nationally accredited PCAB mail order compounding pharmacy licensed to ship to all 50 US states. We have

decades of combined experience compounding various dosage forms of LDN including scored tablets for dosing flexibility.

Website: www.cfspharmacy.pharmacy Email: info@cfspharmacy.com Tel: 844-822-7379

Carolina Holistic Medicine



Carolina Holistic Medicine is a Functional & Integrative Medical

practice. Our focus is on hormone balance at any age, hypothyroidism (Hashimotos) and adrenal hypofunction. We also specialize in autoimmune disorders, tick borne illnesses and much more.

www.CarolinaHolisticMedicine.com or (800) 965-8482

Clinic 158



Clinic 158 has a full medical team awaiting your call! We've been doing this LDN work for more than 15 years. We provide worldwide services.

Email: care.clinic158@gmail.com Tel (0) 141 404 6255 option 2

Dr Tom O'Bryan



In his Certified Gluten-Free Practitioner Course, Dr. Tom O'Bryan gives wellness professionals the real truths and triggers behind autoimmunity, celiac and wheatrelated disorders, exploring the triggers of autoimmune conditions, including intestinal and microbiome dysfunction,

food sensitivities, and environmental toxins.

thedr.com/CGP

Edyta Biernat-Kaluza, MD, PhD



Edyta Biernat-Kałuża MD, PhDrheumatology,internal medicine. Specializes in treatment using complex methods : pharmacological (including

LDN), nutritional and lifestyle medicine, as well as orthomolecular and mitochondrial.

https://medycynazywienia.waw.pl asystentka@medycyna-zywienia.com

ORLIk Health &Education, Warsaw, Poland Email: +48 505 124 243



At Fagron, we believe in transparency. Our facility is FDA registered and

NABP accredited. We source naltrexone, and other APIs, from FDA-registered manufacturers and perform testing on every received and repacked lot to guarantee continuous control of our products.

Harpal Clinic



Based in London, Harpal Clinic is one of the UK's leading health optimisation

clinics offering personalised treatments for autoimmune diseases, including Low Dose Naltrexone (LDN).

Book a video consultation at www.harpalclinic.co.uk or email us at help@harpalclinic.co.uk to get started.



LOW DOSE NALTREXONE

WHY DO PHYSICIANS TRUST CAREFIRST SPECIALTY PHARMACY?

CareFirst Specialty Pharmacy is a nationally accredited mail order compounding pharmacy specializing in low dose naltrexone (LDN). Our experienced pharmacist team offers LDN in many strengths and dosage forms to fit your prescribing needs. We are licensed to ship to all 50 US states, the US Virgin Islands and the District of Columbia.



Prescribers can speak with one of our pharmacists at 844-822-7379 or inquire online at https://www.cfspharmacy.pharmacy/prescriberform

HOW CAN PATIENTS LEARN MORE ABOUT CAREFIRST SPECIALTY PHARMACY?

Patients can speak with one of our pharmacy team members at 844-822-7379 or inquire online at https://www.cfspharmacy.pharmacy/patient

HOW CAN PRESCRIBERS SEND A PRESCRIPTION TO US?

- Fax to: 844-922-7379
- Call 844-822-7379
- Send electronically using our NCPDP # 3151266 or phone number 844-822-7379





CareFirst Specialty Pharmacy 2200 Garry Rd, Ste 1 Cinnaminson, NJ 08077

www.cfspharmacy.pharmacy

TeL: 844-822-7379 Fax: 844-922-7379 Email: info@cfspharmacy.com

FEATURED LISTINGS:



Hopkinton Drug Compounds

Hopkinton Drug Compounds a wide range of medications for Functional/Integrative Medicine, Lyme/Mold/Detoxification, BHRT/Endocrinology.

We have an extensive formulary including LDN, LDN Nasal Spray, Liposomal-LDN, Liposomal-Methylene Blue, Disulfiram, Liposomal Antibiotics, Cholestyramine, VIP, EDTA/Silver, and other Nasal-Sprays.

We ship nationwide 800-439-4441 www.rxandhealth.com



Holtorf Medical Group

Holtorf Medical Group specialize in optimizing the quality of life of their patients

through evidenced-based, integrative medicine. We are experts in natural, prescription bioidentical hormone replacement and optimization, complex endocrine dysfunction, fibromyalgia, chronic fatigue syndrome and Lyme disease.

www.holtorfmed.com 1-877-508-1117



Kusler's and Clark's

Kusler's and Clark's are the premier Compounding Pharmacies of the Pacific **S** Northwest that are successfully meeting the health needs of patients and making a positive impact on our profession.

Call Kusler's today at (360) 568-1297, call Clark's at (425) 881-0222!

Norland Pharmacy



Norland Avenue Pharmacy's PCAB Accredited compounding lab in Chambersburg, Pennsylvania, has been producing high quality, custom medications for people and

pets since 2007. The pharmacy has over four years of LDN experience and patient research.

Visit them at www.NorlandRx.com

PCCA



PCCA helps pharmacists and prescribers create personalized medicine that makes a difference in patients' lives. We are the complete resource for the independent compounding pharmacist.

Dr. Sally Boyd Daughtrey



Dr. Sally Boyd Daughtrey has provided comprehensive Naturopathic Medicine in Hawaii for 20+ years. Her eclectic practice focuses on hormone balancing, family health and the reversal of degenerative diseases such as cardiovascular disease, diabetes,

allergies and autoimmune disease.

Call 808-965-2233 or email Don@vitalitymedicine.org

Motivated Medicine

MOTIVATED Motivated Medicine is a consultative practice MEDICINE that Dr. Zielsdorf has

developed, rooted in Translational Medicine. Our openminded approach to treating patients is informed by data, the latest research in microbiology, whole-body wellness, tried-and-true "conventional" medicine and so much more.

www.motivatedmedicine.com, 630-492-1965

The Compounding Pharmacist West Chester, PA



Since 2001,we have compounded (including LDN) with the highest quality ingredients for humans & pets. USP 795&800 complaint.

3 month supply discounts, Free Shipping, Licensed in PA,NJ,DE,NY,CT,RI,FL,GA,MN,WI,CA,AZ,NH,MO,IL

T: 866-692-8770 F 866-692-8505

thecompoundingrx@yahoo.com

Women's International Pharmacy



No one knows women like we do! Women's International

Pharmacy was founded with a passion to find unique solutions to difficult health problems. Since 1985, focusing on custom-compounding of high quality medications, including LDN, for women and men.

info@womensinternational.com





Jill Brook, MA



Sahar Swidan, PHARM.D., ABAAHP, FAARFM, FACA



John Bardsley



CLINIC ONE FIVE EIGHT

Clinic 158 has been prescribing LDN to patients for over a decade.

Low Dose Naltrexone & Medical Cannabis

 Repurposed Drugs
 UK and Worldwide patients welcome
 Call or email us for more information
 care.clinic158@gmail.com
 +44 141404 6255



Do you know the quality of your naltrexone?

Find out how we ensure that only the highest quality naltrexone makes it onto pharmacy shelves and into patients' prescriptions.

We are committed to go above and beyond what is required — because your patients matter to us.



Discover The PCCA Standard[™] at thepccastandard.com.

The 2021 Conference is dedicated to Dr Mark Mandel, who touched so many lives



Better Health and Care, Not Just Healthcare!

LDN Expert Compounders

Mark Drugs specialize in the custom compounding of medications assuring that the client receives the proper prescriptions for their unique needs and conditions. They work with practitioners integrating knowledge and treatments of experts to create comprehensive health plans.

LDN compounded in to: Liquid | Capsules | Sublingual Drops | Cream | Tablets We ship to Illinois, Florida, Indiana and Wisconsin

www.markdrugs.com



Roselle

Email: info@markdrugs.com Toll Free: (800) 776-4378 FREE (1800progesterone Phone: (630) 529-3400 | Fax: (630) 529-3429 Address: 384 E. Irving Park Road, Roselle, IL 60172

Deerfield

Email: mdnorthshore@live.com Toll Free: (877) 419-9898 FREE Phone: (847) 419-9898 | Fax: (847) 419-9899 Address: 1020 N. Milwaukee Avenue, Suite 140, Deerfield, IL 60015