

LDN Research Trust

The LDN Book 5 Mental Health Case Studies

What condition:

Any condition as long as there is a mental health element.

Who can write a case study?

Any LDN Prescriber, pharmacist, or a collaboration of the two. We aim to include as many as possible.

Deadline: Submit by the end of 2024

What Is A Clinical Case Study

A case study is a detailed report of an individual patient's symptoms, signs, diagnosis, treatment, and follow-up. It is designed to give insight into unusual or novel occurrences using LDN as a treatment option.

The case studies will assist medical professionals in further helping patients with difficult-to-treat conditions.

How To Write A Case Study, so they all follow the same format Use the headings below in a Word document.

Abstract

The abstract should briefly summarise the case, the problem it addresses, and the message it conveys within 150 words.

Introduction

The introduction gives a brief overview of the problem that the case addresses, citing relevant literature where necessary and ending with a single sentence describing the patient and the primary condition they are suffering from.

Case Study - Anonymous

This section provides the details of the case in the following order: (please use the headers)

1. Patient description
2. Case history
3. Physical or Psychiatric examination results
4. Results of pathological tests and other investigations
5. Treatment plan
6. Expected outcome of the treatment plan
7. Actual outcome.

Upon completion, make sure all relevant details are added concisely and all unnecessary ones removed.

Conclusion

Give brief key points covered in the case report. You can give suggestions and recommendations to medical professionals.

Short Author Bios of up to 200 words will be added at the back of the book.